

# The H.O.G. Insider

L A K E S H O R E H . O . G . C H A P T E R # 3 5 2 2

## This Month's Chapter Meeting

Sunday

November 19, 2017

9:00am Breakfast

10:00 am General Meeting

Lambs Farm Magnolia  
Café

14245 W. Rockland Rd)

Libertyville, IL

847-362-5050

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### A Message from the Editor

As everyone is talking about how much riding is left, I am firm in the fact that riding season for me is over! I look back on my summer and again I have tons of stories, adventures, new cities, & new experiences. It is time for me to settle in and hibernate to rejuvenate for next season's experiences. I started the process of learning to ride this season and hopefully next season will finish what I started. Looking forward we have a lot still to do as a group. Our holiday party is December 9, 2017. I hope to see many of you there. Every year, no matter what the theme is or who sets up each year, it is a great time because of the people who attend the event. Getting together is one of my favorite parts of joining this group.

11/4—Corey's Surprise Ride Take 2—9:15 am , Kickstands up @ 9:30 am from Dealership  
 11/5—Teddy Bear Delivery—10:00 am, Kickstands up @ 10:30 am from Dealership  
 11/12—Dealership Chili Cook off—12:00 pm to 5:00 pm @ Dealership  
 11/14—LOH White Elephant Gift Exchange & Dinner—6:30 pm @ Anastasias in Waukegan  
 11/18—Wilmette Christmas Parade—See our Lakeshog.com website for details  
 11/19—After meeting ride immediately following breakfast and meeting

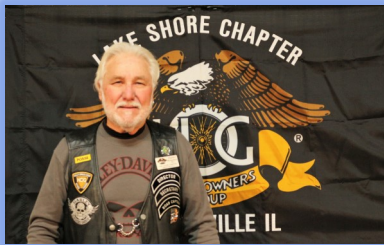


# Let's Ride

CHAPTER RIDE HOT LINE 847-281-3141



## Bob Montgomery – Director



It's that time of the year when we elect the new Primary Officers of the chapter. At the October chapter meeting, we held the nominations. The nominations for Director were, Doug O'Keefe and Corey Johnston. The nominations for Assistant Director were, Doug Wrobel, Ralph Lenzini and Bob Montgomery. The Secretary position was un-opposed and Dave Jones will fill that position in 2018. The Treasurer position was un-opposed and Ray Weimer will fill that position in 2018. All of these Primary Officer positions

will be for one year. The Discretionary Officers will be selected by the new Primary Officers. Please come to the November chapter meeting or request an absentee ballot to elect a new Director and Assistant Director.

The Fall Event was a lot of fun and there was a very nice turnout. Corey Johnston with the help of Anne Weimer and Laurie Lenzini, did a very nice job. The turkey bowling was a lot of fun, along with the other games.

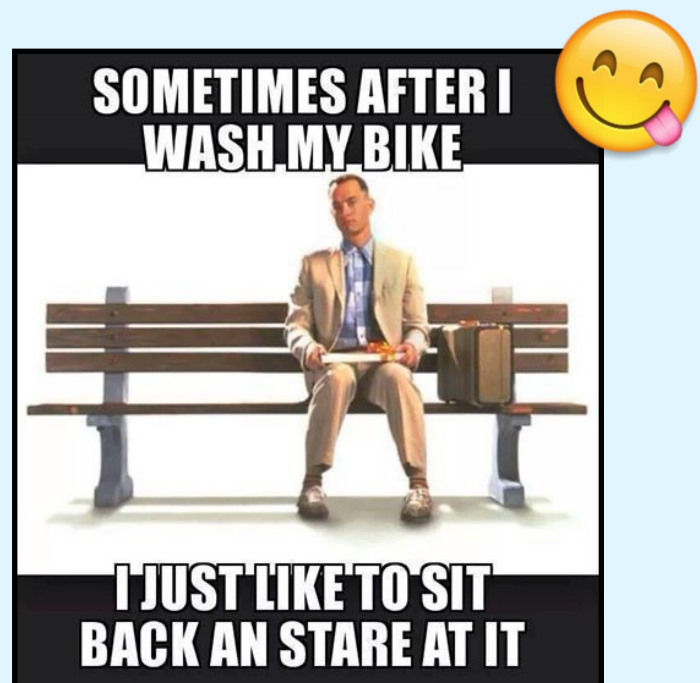
The Holiday party was announced at the chapter meeting and this year's theme is "Ugly Sweater", see more in this newsletter. There are flyers attached, on the website and at the dealership under the saddle bag in the H.O.G. area. You can drop your reservation & (dinner selection) along with your deposit in the saddle bag if you cannot attend the November chapter meeting. They can also be mailed to Anne Weimer.

The H.O.G. area at the dealership is almost completed. If you haven't seen it stop by the next time you are at the dealership. You are now able to buy chapter patches at the dealership. Just see one of the sales personnel in the motor clothes department.

On **November 5**, we will be delivering the Teddy Bears and Hot Wheel cars to DCFS, it would be nice if you can all join us for a great cause and to get some more riding in.

As always ride and drive safe.

Charles R. (Bob) Montgomery  
Director – Lake Shore H.O.G. Chapter  
[Director@LakeShoreHOG.com](mailto:Director@LakeShoreHOG.com)



## Doug O'Keefe—Assistant Director



I just heard the weather report. I would rather not talk about it!

### So on to Plan B.

And Plan B is do something completely different this winter. The best idea I have heard so far is a group bus trip to a casino, or catch a band and maybe stay the night. Maybe all the above. We'll figure it out.

I remember several years ago Joe G. told a bunch of us that winter is the time for all motorcycle enthusiasts to read. Read everything you can get your hands on about motorcycle riding. Not just about what you want next on your bike, but about what to do in various situations while riding. This winter if we all could just improve our riding knowledge one step by reading about what to do on a bike if you are faced with a riding situation. If we all do this by next spring we will just be a plain old better riding chapter. And we are pretty damn good now.. See you at the library.

Doug (Patsy) O'Keefe  
Assistant Director & Proud LSH.O.G. Member  
[Assistantdirector@lakeshorehog.com](mailto:Assistantdirector@lakeshorehog.com)

## Dave Jones—Secretary



November. LS-H.O.G. elections are this month. Director and Assistant Director are up for voting – as the Treasurer (Hi, Ray!!) and the Secretary (Yours truly!!) are locked-up for the next riding season. Take your time and decide what direction you'd like our chapter to take, and vote for the folks you think will best lead us in that direction. Make this chapter your own!

It's been some kinda' season for me. Despite missing the first seven + weeks with a detached muscle, I managed to get some quality rides in – including 6 dinner rides, a 500 miler and (if the weather holds) a Halloween Ride into Chicago. Despite "Joey-esque" kinds of miles (ask someone if you don't know the story), I've had a productive season. I hope that you've had the kinds of rides you like – and I hope you'll speak up for things you'd like to see in the future – I know I'm already planning for next year.

For example, the "Wednesday Wandering Dinner Club" will be renamed the "Weeknight Wandering Dinner Club" for more flexibility in planning dinner rides and (hopefully) opening those monthly rides up for more folks who've expressed an interest in joining us – but can't on Wednesdays.

Finishing up this year, however, is looking good – delivering Teddy Bears, make-up rides for Fall Colors and other postponed rides (again, if the weather holds), and the Christmas parades and toy runs are still to be looked forward to. So, boys and girls, layer up and let's go another month (at least)!!

As always..., **Ride out. Ride Home. Every Time!**

Dave Jones, Secretary / RC  
[Secretary@LakeShoreHOG.com](mailto:Secretary@LakeShoreHOG.com)

## Anne Weimer—Membership



Our membership continues to grow. We are now up to 263 members. In October we welcomed **Sherry Krass**. Our motto is to “ride and have fun” so don’t forget to check the ride schedule to see what is new.

As I sit here writing this article I realize that Christmas is now less than 2 months away!!! WOW this year has certainly flown by. But there are still a number of fun activities to come, including the Teddy Bear delivery, Chili cook off at the Dealer as well as our Annual Holiday Party just to name a few. Also let’s not forget November’s meeting brings the annual elections, so come on out and make your vote count. The meeting is on **Sunday No-**

**vember 19<sup>th</sup>** at the Magnolia Café at Lambs Farm. Breakfast begins at 9:00 am and the meeting starts at 10:00 am. Hope to see everyone there.

Anne Weimer – aka “Flash”

**Membership Officer/Volunteer Coordinator**

[Membership@LakeShoreHOG.com](mailto:Membership@LakeShoreHOG.com)



**Please give a very hearty welcome  
to the new members this month:**

**Sherry Krass**



## Corey Johnston—Activities Officer



### Happy Fall Y'all!

A big thank you to everyone who came out for our fall event after last month's meeting. I hope everyone had a great time. Our Biggest Turkey award for the best bowler went to Jim Lyons, Dawn Cherry earned our little turkey award for best effort. Bob Ogg, Jim & Michelle Lyons and Dave Jones won our trivia and scavenger hunt contest. Gary Edwards' activity card was drawn for the free set of tires. I would like to send a special thank you to Larry Stotts and his company for donating the turkeys for the event. Don't forget to sign up for the December 9 Ugly Sweater Party; please send your check made payable to Lake

Shore H.O.G. and meal selection RSVP form to Anne Weimer before **November 20th**. All the party information and RSVP forms can be found at [lakeshorehog.com](http://lakeshorehog.com). We are sure this will be another evening full of fun gathering with friends. Until next time enjoy the road.

Corey (Rain Man) Johnston  
"Listen to the wind, it talks..."  
Activities Officer  
[Activities@lakeshorehog.com](mailto:Activities@lakeshorehog.com)

## Roxanne Casillas—Ladies of Harley



Just a friendly reminder about our Dinner/White Elephant Gift Exchange on **November 14<sup>th</sup> at 6:30** at Anastasia's Restaurant in Waukegan. This will be our last event for the year. Please email me your RSVP by **11-10-17**.

I hope everyone has a Happy Thanksgiving.

Roxann Casillas  
Ladies of Harley  
[LOH@LakeshoreHOG.com](mailto:LOH@LakeshoreHOG.com)



# The UGLIER the Sweater

THE BETTER THE PARTY!

'TIS THE SEASON TO ROCK THE UGLIEST SWEATER

Lakeshore H.O.G. Holiday Party

SNOWMEN · SPARKLES · SEQUINS · OH MY!

SATURDAY  
**DEC 9**  
**6:30 PM**

Illinois Beach Resort  
1 Lake Front Dr. Zion, IL  
reservations can be made at  
847-625-7300



Prizes for ugliest mens &  
womens sweater

**RSVP**

Anne Weimer  
1502 Providence Drive  
McHenry, IL 60051  
By November 20



## Lakeshore H.O.G. Holiday Party

Saturday December 9, 2017

Illinois Beach Resort

6:30 pm Cocktails

7:45 Dinner

Dancing and Festivities until Midnight

Seating limited to 80

\$10 per member

\$40 per guest

Rooms are available, please mention Lakeshore H.O.G.

RSVP by Nov. 20

Please write full names and amount enclosed \$ \_\_\_\_\_

Member: \_\_\_\_\_

Guest: \_\_\_\_\_

Please clearly initial meal selection below for each attendee

\_\_\_\_\_ 12 OZ. New York Strip Steak

\_\_\_\_\_ 14 OZ Prime Rib

\_\_\_\_\_ North Atlantic Baked Salmon

\_\_\_\_\_ Chicken Asiago

\_\_\_\_\_ Vegetable Lasagna

## DAN MARCOTTE—SAFETY OFFICER



### 10 ways to stay warm on your motorcycle

**Proper Interior Layering** - However, it starts with what you layer up with and there are a lot of misunderstandings about what a rider should wear. We start by eliminating cotton from the mix all together. Cotton absorbs moisture but does not wick it well at all. And moisture sitting on top of your skin will steal your body heat faster than a bear will steal your lunch. Leave it at home. This may mean you'll need to invest in a pair of synthetic, silk or wool long underwear. Do that if you need to. And make sure your first layer of undershorts are of a similar material. Ditto on socks.

Finally, get yourself a nice synthetic neck muffler to pull on after you've donned your jacket. Tube type neck mufflers and a welcome addition for cold weather riders and you'll notice the difference right away in how long you can maintain body heat using one.

It's important to note that you don't want to add too many layers on the interior. When layers are bunching up, they hold less air. Air is what stores heat. Too many layers, less air, less heat. Not good.

**Exterior Layering** - It's pretty likely if you're riding in the cold, you'll plan to wear a full coverage jacket/pant combo or suit. Seems like it almost goes without saying, but now and then Mr. Blue Jeans and Leather Jacket guy shows up for a ride - usually shivering.

A full face helmet is the best insulation for your head. Anything else will compromise your body's ability to maintain its heat.

Boots? Full coverage motorcycle boots with a little space inside to retain some air for heat retention.

**Heated Grips** - Many manufacturers make heated grips as an add-on for their bikes. For those who do not, you can visit your dealer or go online and locate a third party line to fill the need. Since the hands and legs are the farthest extremities and don't carry much insulation with them, they'll be the first to get cold. Heated grips will do a fine job of replenishing what's being lost and keep those fingers toasty and functional.

**Heated Seat** - Having a heated seat does two jobs. First it adds an upward channeling of heat to the body's core, which is critical since the blood flowing out to the extremities needs to be at 98.6 degrees. If it's not, you can expect flu like symptoms after an hour or so of riding and that's your signal to pull out and warm up. But heated seats have another virtue. They heat the blood that's making its way through the arteries to your legs, feet and toes. A bonus that will aid in staving off the dreaded numbing.

**Heated Gear** - We'll take the last two mentioned any day over a set of heated gear, but for many the combination of the two is nice. Since heated jackets heat from the sides, the previously mentioned seat is a more surefire way of warming the core. The addition of a jacket is a nice add-on for those who get cold easily.

Ditto for gloves. If heated grips aren't cutting it alone, add on a set of heated gloves.

Of course all these devices require power from your bike. Unless you're on a heavy duty touring mount, you could easily drain your battery. It's a good idea to get with your dealer or engineer buddy and start doing the math on what your alternator puts out to find out if it can keep up with all these warming devices. Aftermarket alternators, or the ability to send your existing one in for a more powerful rewind are options to explore if need be.

**Heated Inserts** - If you only ride a few times during the colder months, you could simply use warming inserts to add some heat to your body. They come in a variety of sizes that will fit your hands, feel and even larger to insert into the jacket liner to warm your core. If a set doesn't do it for you, double up and add some more. Be advised, our experience shows toe warmers pretty much can't keep up with the wind wicking heat from your feet at highway speeds. Full foot bed types are the better choice - and again, one set may not get the job done depending on distance and speed.

Let's note that the time to kick in the heat is at the beginning of the ride. Don't wait until you get cold because you'll have a lot of catching up to do to get back to a normal body core temperature.

**EAT!** - One of the best ways we know how to warm up is to eat some food. This is because your body has to burn calories to digest food and doing so creates heat. Try it sometime. One morning don't have much for breakfast, hit the highway at 60mph for an hour and see how you feel. The next time eat a normal portion breakfast and notice how much longer it takes for your body to get cold.

**Pace yourself** - If you're getting cold, that's a signal to pull out, have a warm beverage, perhaps a snack or meal and realign your body temp. Riding cold is uncomfortable and steals from your ability to focus on the ride. Don't let yourself go there.

Another trick that works well about this time is to take a short walk or hike. Perhaps a quarter to half mile just to get the heat going internally again.

**Stay Dry** - By all means keep dry. As pointed out earlier, water steals heat from the body fast. By staying dry at your skin, you'll be able to hang on to more of that precious body heat longer.

**Add on the rain gear** - Rain gear comes in handy for adding an additional exterior layer and breaking the wind. It may not be raining, but it will bring your core temp up a few notches if you use it anyway.

Let me hear your ideas for future topics... I can be reached at [safety@lakeshorehog.com](mailto:safety@lakeshorehog.com)

Dan Marcotte  
**Safety Officer/Road Captain**  
[SafetyOfficer@LakeShoreHOG.com](mailto:SafetyOfficer@LakeShoreHOG.com)



## John R Sweeney Jr HEAD ROAD CAPTAIN



What a busy October. Lots of rides (some rain), a fun Fall Event, nominations for our Primary Officers for 2018, information about our Holiday Party, LOH's Teddy Bear Bake and Craft sale and Dave Jones's ever popular "Halloween Ride". If someone couldn't find something to do that month, wow! ;—)

We ended our Mileage Contest at the October meeting and the results and winners will be announced at the November meeting. Also we've added a couple of surprises this year, but you'll have to wait for the meeting for those. If you didn't make it to check-in, don't forget, you still want to check in your mileage. Because that is your starting mileage for the whole next year's contest. Either stop at the dealerships service department or see me to record your mileage. Then as always, just ride, ride, ride...

We've had another Gift Gas Card winner this month. It was Lin Hoogerhyde, congratulations.

We still have rides in November, along with delivering our Teddy Bears, so don't put those bikes away just yet.. But soon (how soon I don't know) the weather will be a changing, so remember to dress appropriately, use layers, watch out for the leaves, especially if its damp out. Wet leaves are like driving on ice.



See you next month...



John R Sweeney Jr – aka Motor Mouth

"It's not the destination; it's the journey"

Head Road Captain & Webmaster – Lake Shore H.O.G. Chapter

[HeadRoadCaptain@lakeshorehog.com](mailto:HeadRoadCaptain@lakeshorehog.com)

## Primary Officers



### **Director**

Charles (Bob) Montgomery  
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### **Treasurer**

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### **Assistant Director**

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### **Secretary**

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847-609-0277  
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## Discretionary Officers



### **Activities**

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### **Membership**

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### **Head Road Captain**

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### **Ladies of Harley**

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### **Webmaster**

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